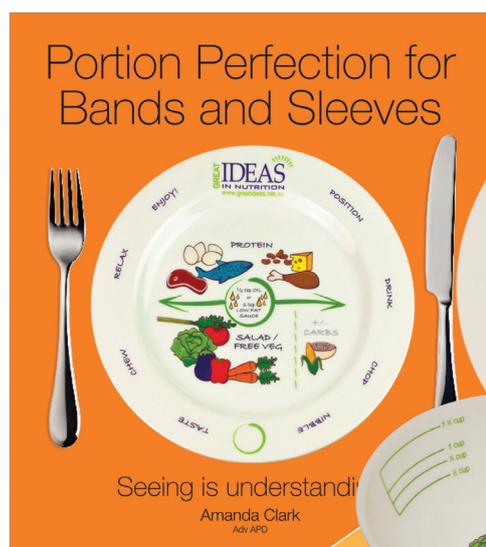


# Portion Perfection for Bands and Sleeves –

Seeing is understanding



“This is a painless recipe for sustained weight loss”.

*John B. Dixon – Obesity Research – Baker IDI Heart and Diabetes Institute, Melbourne.*

“I would recommend it to anyone who has had weight loss surgery”.

*Melanie McGrice, Health Kick Nutrition and Dietetics.*



## The Portion Perfection Bands & Sleeves Kit

is an education tool for practitioners that doubles as a practical tool for clients with a gastric band or sleeve gastrectomy.

Compiled with input from fellow practitioners, this set is sure to meet the needs of band or sleeve owners.

The bands & sleeves plate, bowl and the pictures in the books represents an ideal portion size for a correctly adjusted band or gastric sleeve without risk of misinterpretation.

The tools also serve as reminders to clients of the eating behaviours required for ideal meal tolerance and indicates the approximate aperture of the well adjusted band.

The Gastric Band & Sleeve plate incorporates three dietetic messages:

- 1 Nutritional balance
- 2 Portion control
- 3 Specific eating behaviours that enhance tolerance.

## What people say about Portion Perfection for Bands and Sleeves

“Thank you so much for your insight and motivation to produce the book, plate and bowl (for bands and sleeves). I attended my Dietitian at Mercy Hospital, Perth following my Lap Band Surgery 8 months ago as I felt I needed some further support. I saw your product in her office and as I am a “visual” person, I really think seeing on my plate the amount I can eat will help me adjust to my new lifestyle. I continually dish the amount of food I would have normally served and try to consume it, but find I can’t, and unfortunately my husband eats it for me and hence I am getting a “fatter” husband which is of no use at all!” **Anne**

“I’m really excited to get my banded kit. I had a look through and it is by far the best weight loss plan I have seen and I have seen them all. Tell Amanda she is amazing. If I had one of these when I was young I probably would not have ended up having a lapband.” **Gen**

# WHOLESALE ORDER FORM FOR PORTION PERFECTION BANDS & SLEEVES

| PRODUCT  |           | Retail Price | Practitioner Price     | Wholesale Price 10 Items | Wholesale Price 20 Items | Wholesale Price 50 Items | Wholesale Price 100 Items | Number Required | Total AUD |
|--|-----------|--------------|------------------------|--------------------------|--------------------------|--------------------------|---------------------------|-----------------|-----------|
| Portion Perfection for Bands & Sleeves Book  |           | \$34.95      | \$29.70                | \$262<br>(\$26.20 ea)    | \$489<br>(\$24.45 ea)    | \$1187<br>(\$23.75 ea)   | \$2270<br>(\$22.70 ea)    | ___ x items     |           |
| Healthy Snack Bible (10 books per counter pack)  |           | \$7.95       | \$6.75                 | \$59.50<br>(\$5.95 ea)   | \$111<br>(\$5.55 ea)     | \$270<br>(\$5.40 ea)     | \$515<br>(\$5.15 ea)      | ___ x items     |           |
| Bands & Sleeves Plate  | Porcelain | \$24.95      | \$21.20                | \$187<br>(\$18.70 ea)    | \$349<br>(\$17.45 ea)    | \$847<br>(\$16.95 ea)    | \$1620<br>(\$16.20 ea)    | ___ x items     |           |
|  | Melamine  | \$17.95      | \$15.25                | \$134.50<br>(\$13.45 ea) | \$251<br>(\$12.55 ea)    | \$610<br>(\$12.20 ea)    | \$1165<br>(\$11.65 ea)    | ___ x items     |           |
| Portion Perfection Bowl  | Porcelain | \$14.95      | \$12.70                | \$112<br>(\$11.20 ea)    | \$209<br>(\$10.45 ea)    | \$507<br>(\$10.15 ea)    | \$970<br>(\$9.70 ea)      | ___ x items     |           |
|  | Melamine  | \$9.95       | \$8.45                 | \$74.50<br>(\$7.45 ea)   | \$139<br>(\$6.95 ea)     | \$337<br>(\$6.75 ea)     | \$645<br>(\$6.45 ea)      | ___ x items     |           |
| Hypnotherapy Mp3 Player  |           | \$24.95      | \$21.20                | \$187<br>(\$18.70 ea)    | \$349<br>(\$17.45 ea)    | \$847<br>(\$16.95 ea)    | \$1620<br>(\$16.20 ea)    | ___ x items     |           |
| Portion Perfection Bands & Sleeves Pack Book, Snack Bible, Bag, Plate & Bowl   | Porcelain | \$84.95      | \$69.95<br>(excl. bag) | \$637<br>(\$63.70 ea)    | \$1189<br>(\$59.45 ea)   | \$2760<br>(\$55.20 ea)   | \$5095<br>(\$50.95 ea)    | ___ x packs     |           |
|  | Melamine  | \$72.95      | \$59.95<br>(excl. bag) | \$547<br>(\$54.70 ea)    | \$1020<br>(\$51.00 ea)   | \$2370<br>(\$47.40 ea)   | \$4375<br>(\$43.75 ea)    | ___ x packs     |           |
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